







Innovations in Caregiving: The Healthy Aging Challenge

Agenda

- Overview of Healthy Aging Challenge
- Presentations from Challenge Winners
 - Artifcts
 - Enabled Health
 - MiiCare
 - Onward
- Panel Discussion
- Q & A







Sandbox Challenge Program

Program Goal:

Identify and support digital health companies with solutions that address key healthcare challenges in Massachusetts



Challenge #1: Solutions for Healthy Aging

| Challenge Launch | December 2022 |
|------------------------|-------------------|
| Application Deadline | February 24, 2023 |
| Finalists Selected | March 24, 2023 |
| Virtual Speaker Series | April – June 2023 |
| Pitch Prep | June 2023 |
| Final Pitch Event | June 28, 2023 |











Medication managemen and adherence solutions for the nearly **90%** of olde adults who are currently taking prescription medication.



Support for older adults with **cognitive impairment**, including the **6.5 million** Americans with Alzheimer's disease.









Speaker Introductions



Heather Nickerson, Artifcts



John Wall, MiiCare



Thomas Fu, Enabled Health



Kim Petty, Onward







The Reality Today



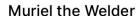


Introducing Artifcts!

A patented mobile and web based platform to preserve your history, tell your story, and build your legacy, one object at a time.

Bonus! It's fun, easy to use, and fully exportable to insurance and estate plans.





@egoody 🚇 🔓 Unfollow

Young, single, 20-year-old Muriel used to see men come in and out of her family's grocery store and hear them discussing a little welding school they attended within Lyon Metal Products, Inc., in Montgomery, Illinois. "It was war time; my parents had no money to send me to school. Everyone was trying to survive." So, one day, ...

Continue reading









Sandbox Project

Pilot study to confirm the feasibility of using Artifcts as a digital screening tool for mild cognitive impairment and dementia.

Budget: \$49,407

Duration: 12 Months

 Resources: 100 participants; UMass Chan Medical's predictive ML model







Sandbox Project Impact

- Innovative digital health screening tool for MCI and AD
- Furthers UMass Chan Medical's research in non-invasive diagnostic screening
- Enables SBIR grant application with UMass Chan Medical
- Long term—earlier diagnosis of MCI to slow progression and treat



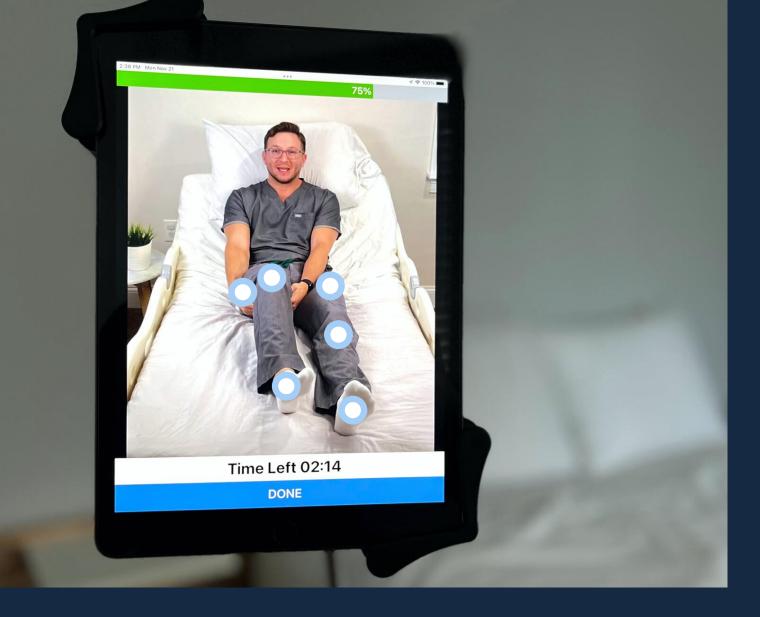
Dr. Nate Hafer



Honghuang Lin, PhD.

We believe this project is important ... to create a new product ... for non-invasive, scalable, and cost-effective digital health screening for ... MCI and AD.







"Peloton for patients"

Enabled Health is a workforce automation solution for hospitals that uses AI-physical therapy to accelerate patient recovery and get them home.

Hospital Deconditioning

changes patients lives.



83%

Time in bed



25%

Strength loss

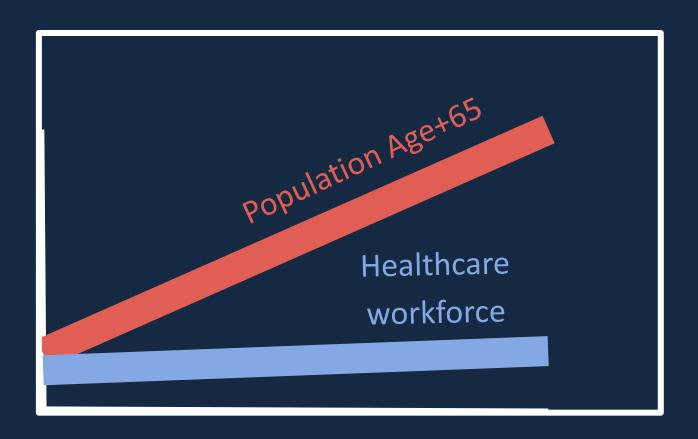


67%

Lose function



Problem



Future mobility crisis

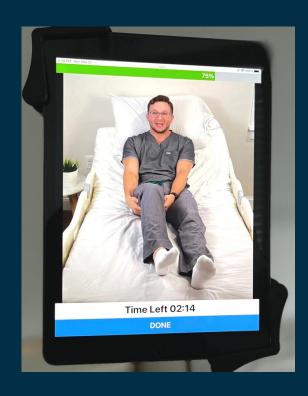


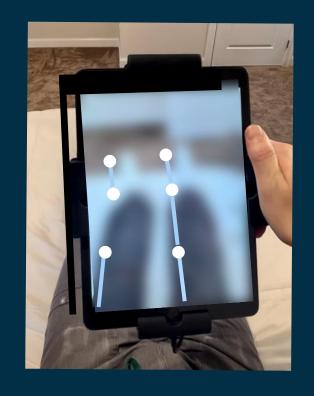
No scalable solution in sight

Solution

"Peloton for patients"







- Scalable to EVERY patient
- No staff required

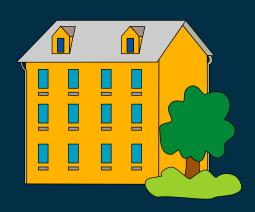
- Designed by PTs
- Automated by A.I.

- Motion capture
- Machine learning

For every setting







Rehab SNF



Home

The Result



Home

- Autonomy
- Comfort
- Familiarity
- Freedom



Health

- Energy
- Strength
- Mobility
- Less falls



Social

- Activities
- Family/Friends
- Community
- Meaning

The Team

Deep experience across medicine, business, & technology



Thomas Fu, MD/MBA **CEO** ER Doctor, MD/MBA















Joe Laws CTO Principal Engineer/Former Trainer







Carnegie Mellon

University





Matt Bevilacqua, DPT **CMO** Physical Therapist/Strength Coach







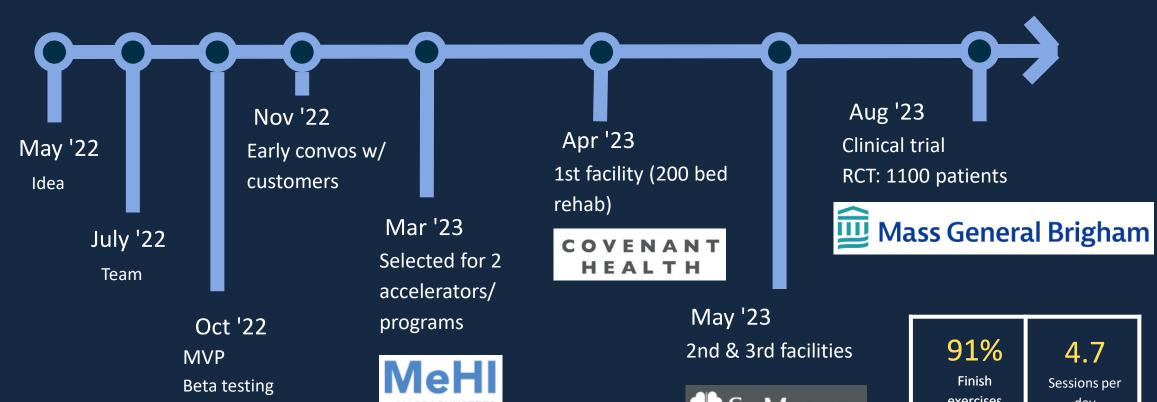






Traction

MVP to MGH, 3 health systems in 7 months





\$50K pitch competition winner







| 91% Finish exercises | 4.7 Sessions per day |
|----------------------------|--------------------------------|
| 93% Patient satisfaction | 7.4 Minutes per session |





The platform extending health span at home with preventative Al













"Fills the need for whatever is lacking that would allow me to age at home, ie monitoring my health, giving me reminders, etc." 1 of 200 50+ surveyed by MilCare+AARP 4/23

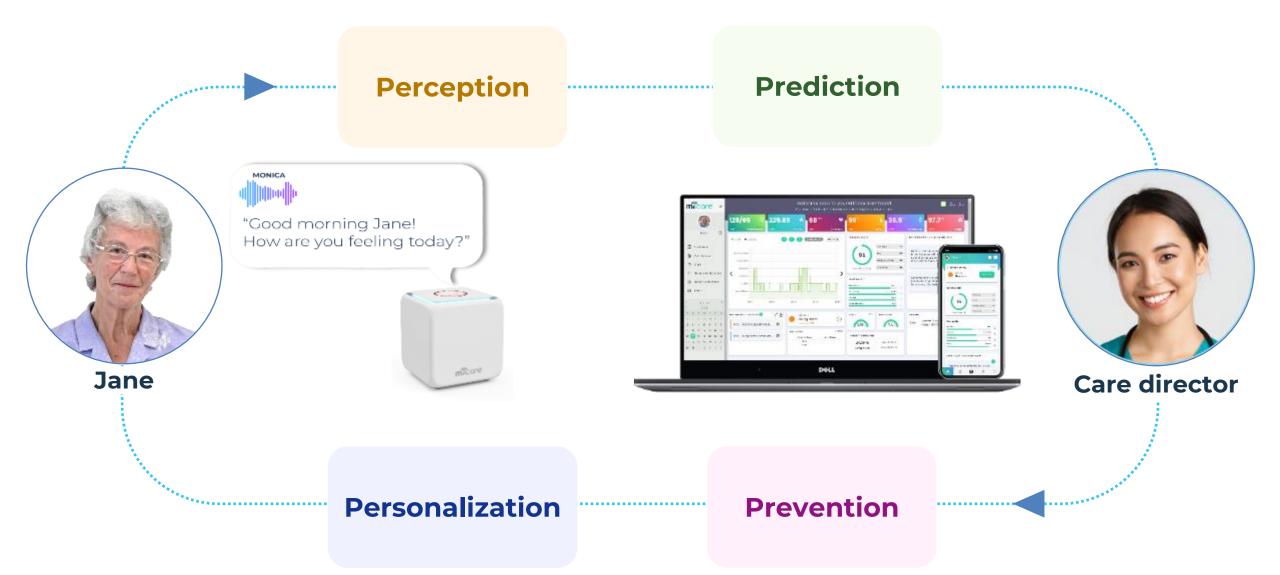




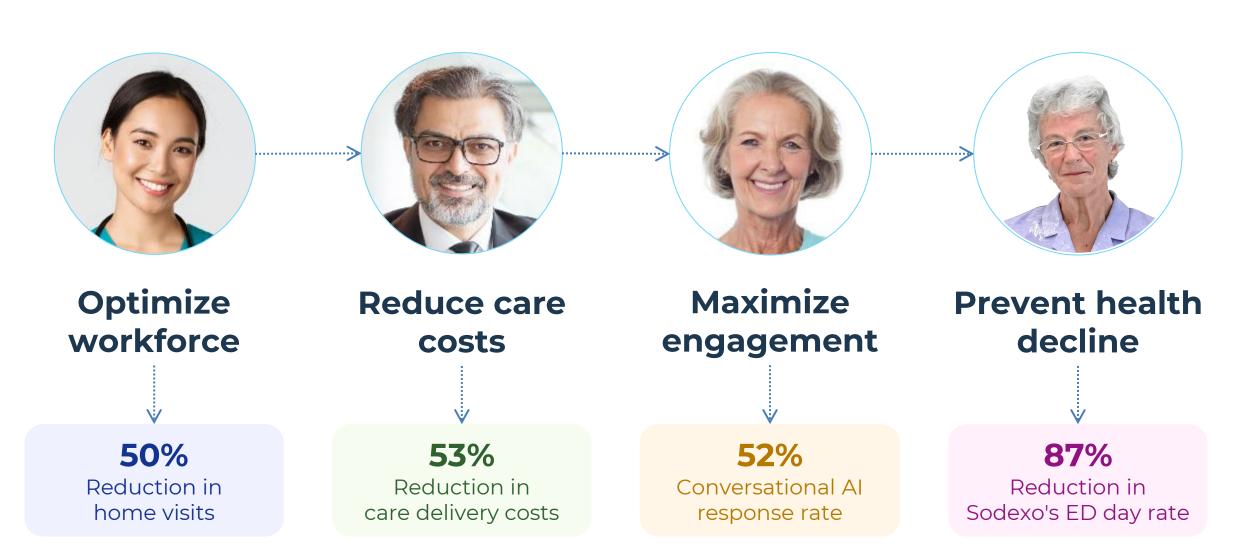
"The service seeks to identify...social determinants of health in order to reduce future unplanned hospital readmissions" Sodexo Onward Care Service, powered by MiiCare

























Social companion

Personal therapy

Early warnings

Medicine adherence

Hydration adherence

SOS capability

















Optimize care package assessment and delivery

Empower resident independence and experience

Localize and measure Monica's engagement









4 acute care providers (NHS)

22 Municipalities

Private home care providers

6.5m hours of care and 1bn datapoints

1 patent granted and 8 trade secrets US partnership and expansion in Massachusetts















On a mission to extend the health span of 1 billion lives by 2030.

John Wall (Co-Founder & Head of Engineering) - US

miicare.com



(O) Onward

Problem: Lack of Easy, Reliable Transport to Healthcare Appointments causes 5.8M People Delay Care Annually

1.4B *Rides* provided by caregivers in 2009 (AARP)

40% of older and disabled adults rely on friends, family for rides

80% of caregivers list <u>coordinating transport as a primary duty it is the #1 type of support provided</u>

28% of caregivers said providing transportation to a loved one is overwhelming



Onward Companion Rides

Door-Through-Door service with a Companion Driver ensures seniors arrive safely at their destination and home again.

Companions provide extra support for:

- Entering and exiting the vehicle
- Folding walkers and wheelchairs
- Accompanying riders to appointments
- Consistent companion matching enables understanding of rider needs

Who rides with us:

- Adult day and PACE program participants
- Patients going to dialysis 3x a week
- Post treatment and procedural patients
- Individuals who qualify for paratransit services
- Anyone requiring assistance with activities of daily living



The Onward Experience



"I told my drivers that I have mobility issues and after explaining it once, they got it. Now, they're always there. They'll put my seatbelt on, make sure I'm okay, and as soon as I'm ready, we just start talking like friends do." - Patti Ann

"Our partnership with Onward is important because we're building trust and rapport within the LGBTQ+ senior community and the consistency of paired riders and drivers helps us do that." - Program Manager



Driving Access to Care







Increasing colonoscopy screening rates and access.

Ensuring dialysis patients adhere to care, reducing ER visits.

Increase completion rates for Annual Wellness Visits.

"The companion rides have been **a gamechanger for out patients who do not have social supports**, so I am very grateful for this service." - San Mateo Health Social Worker



Purpose Driven: Who are Companion Drivers



"At this point, Mr. [Smith] says, I am stuck with him forever. So as my business is coming back, I work my schedule around getting Mr. [Smith]."



"I learned a lot of new things and made new friends. I had one teach me about the stock market, one about Jazz, I thought I hated Jazz, but now I love it... this I love." - Bill



- Rigo



"I started with Onward in July 2020, it has been quite an amazing experience being a companion for these riders, I have made lots of friends. When I pick them up, they tell me how happy they are I am the one picking them up."



"When COVID hit I was driving for Lyft, and my wife and I stopped immediately, and I will never go back to the hustle. This was about connecting with seniors. I just enjoy it, it is the best job I have ever had." -Norbert (Rusty) Kim Petty, CEO kim.petty@onwardrides.com

Onward Concierge Support 1-800-700-4797 support@onwardrides.com www.onwardrides.com



Panel Discussion

Panel Discussion







Questions

Questions?





