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eHEALTH INSTITUTE

MASSACHUSETTS

Collaborative



MeHI MassCyberCenter

Monthly Cyber Call







- Phone
 - IOS
 - Android
- Tablet
 - IOS
 - Android
- Watch
- IOT devices





Threats





- Vishing
- Smishing
- Malware
- Zero Day vulnerabilities
- N day Vulnerabilities
- Snooping/Attacker in the middle





Utilize setting to minimize Risk

- Device protection anti-malware
- Screen lock

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- Use Multifactor Authentication and biometrics
- Backup mobile devices
- Update software regularly
- Minimize bloatware
- Use trusted cables and chargers
- If corporate, implement a hardware lifecycle







Mitigate Risk through Avoidance

- Public WiFi
- Viligance clicking on links
- Avoid Jailbroken phones and untrusted app stores.







Acceptable Use Policy

- Delineate acceptable policies for work vs personal devices
 - Antivirus
 - Social media
 - Terms of use
 - Apps for work
- Network and password protocols for mobile devices
 - Guest network
 - Reporting lost or stolen devices
 - Password Sharing
 - Out of band communication







IOS Security

- Minimize Siri learning your actions
- Use only app store applications
- Screen lock
- Consider lockdown mode
- Manually forget your Wi-Fi connections

Siri and Search settings in each App

••• T-Mobile	9 5G	2:40 PM		•••• T-Mobile 5G 2:39 PM	4
		Settings		Settings Siri & Search	
\bigcirc	General		>	ASK SIRI	
	Contro	l Center	>	Listen for "Hey Siri"	\bigcirc
AA	Display	v & Brightness	>	Press Home for Siri	
	Home	Screen	>	Allow Siri When Locked	\bigcirc
Ť	Access	ibility	>	Language English (United Sta	
	Wallpa	per	>	Siri Voice American (Voic	ce 4) >
	Siri & S	earch	>	Siri Responses	>
	Touch I	D & Passcode	>	Announce Calls	>
SOS	Emerge	ency SOS	>	Announce Notifications	>
	Exposu	re Notifications	>	My Information	None >
 ,	Battery	,	>	Siri & Dictation History	>
	Privacy	/ & Security	>	Automatically Send Messages	>
				Voice input is processed on iPhone, but tran your requests are sent to Apple. About Ask	

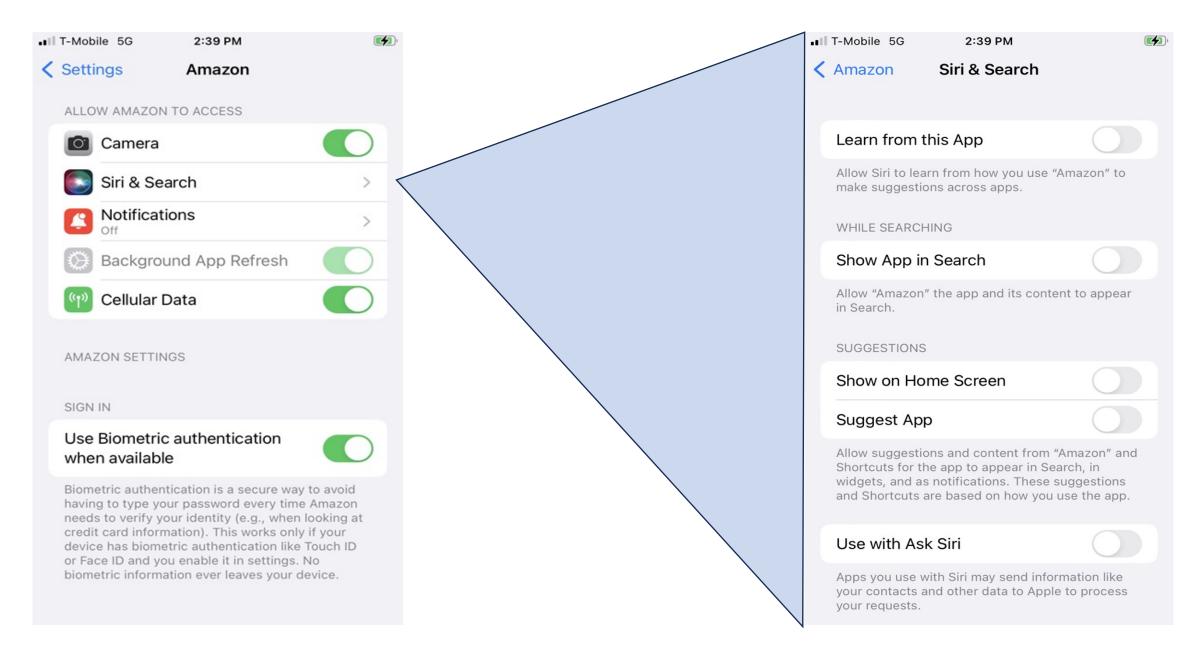
Siri and Search settings in each App

Lockdown Mode

- Protects against no-click attacks
- Executives and Security specialists
- Limits Containers from sharing data
- Can't receive text message and add into app

	••• T-Mobile 5G 2:40 PM					
	K Back Lockdown Mode					
	Lockdown Mode					
р	Lockdown Mode is an extreme, optional protection that should only be used if you believe you may be personally targeted by a highly sophisticated cyberattack. Most people are never targeted by attacks of this nature.					
	When iPhone is in Lockdown Mode, it function as it typically does. Apps, we and features will be strictly limited security, and some experiences wil completely unavailable.	bsites, for				
	Learn more					
	Turn On Lockdown Mode					

Siri and Search settings in each App









Android Mobile Device Security Considerations



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Android Operating Systems – Overview

- 1. Different Than Apple Products
- 2. Many Different Hardware Manufacturers
- 3. Many Different Components
- 4. Differing Terminologies





- 1. Google Play Protect Verifies that the app you are downloading or using on your phone has been inspected by Google and passes their "security" validation.
- 2. Find My Device Being able to locate a lost or stolen device is important, being able to "de-identify" the device, and wipe the data remotely are critical to protecting information.
- 3. Device Encryption Storing regulated data encrypted at rest and in transmission is required.
- 4. App Permissions Verify which permissions are appropriate for the applications running on your device. Location services, microphone, and contact access permissions should be granted on a case-by-case basis.





- 5. Lock Screen Controls High security controls features include password, and biometrics (face and / or fingerprints)
- 6. Emergency Contacts Medical, Emergency Contacts, and SOS Messages should be enabled in the settings that are appropriate for you. Medical and Emergency contacts are available when the phone is locked.
- 7. Biometric Authentication As mentioned before enabling this feature allows for unique identification, not foolproof and better than just a PIN.
- 8. Lockdown Mode A feature that can temporarily disable biometric or Smart Lock features so that the device can only be accessed by you.





- 9. Guest Mode Enabling guest mode allows you to restrict access to your personal information (photos, files, etc.) when allowing others to use your phone.
- 10. Smart Lock Enables your phone and your Chrome browser to work together to minimize the number of times you need to authenticate to your device.
- 11. Two Factor Authentication Enabling this feature allows for a higher level of security and is a best practice for accessing sensitive personal information to include ePHI.
- 12. Google Security Checkup Logging into your Google account and launching the security checkup feature enables you to understand the "big picture". It reviews your accounts, saved passwords, known breach information, and device status.





- 13. Google Activity Controls No pun intended, if you "google" this subject, you'll learn what information is stored about your account, enable you to select what you want to retain or delete, and otherwise change the "defaults" that Google provides when you sign up for the service.
- 14. Enhanced Safe Browsing Again by "googling" this feature you can control what is saved in Chrome and how to remove unwanted ads or malware.
- 15. Autofill Enables the sharing of your personal information to applications including password management applications. This feature presents opportunities and risks and should be understood before enablement.





BYOD Considerations for eMR / ePHI:

- 1. Mobile Device Management
- 2. Wireless Networks
- 3. Anti-Malware / VPN
- 4. Suspicious Activity
- 5. Reporting / Escalation







Questions?